



# Drop In Club Halifax **November 2017**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Weekend Drop In is now on Saturdays</i>			Afternoon Drop In 1 3pm to 6pm <b>Theatre Club 4pm</b>	Afternoon Drop In 2 3pm to 6pm <b>Fitness Goals</b>	Evening Drop In 3 7pm to 9pm <b>Music Therapy</b>	Afternoon Outing 4 1pm to 4pm <b>Scavenger Hunt with Sookie the Dog</b>
<i>Weekend Drop In is now on Saturdays</i> 5	Afternoon Drop In 6 3pm to 6pm <b>Making Bath Bombs</b>	Evening Drop In 7 7pm to 9pm <b>Apples to Apples</b>	Afternoon Drop In 8 3pm to 6pm <b>Theatre Club 4pm and Musical Chairs</b>	Afternoon Drop In 9 3pm to 6pm <b>Snack Club GOALS Lifeskills Program</b>	Evening Drop In 10 7pm to 9pm <b>Music Therapy and Tragically Hip Tribute Night</b>	<i>Closed for Remembrance Day</i> 11
<i>Weekend Drop In is now on Saturdays</i> 12	Afternoon Drop In 13 3pm to 6pm <b>DJ Ace and Tissue Paper Art</b>	Evening Drop In 14 7pm to 9pm <b>Story Writing</b>	Afternoon Drop 15 3pm to 6pm <b>Theatre Club 4pm and Moon Sand</b>	Afternoon Drop 16 3pm to 6pm <b>Snack Club and GOALS Lifeskills Program</b>	Evening Drop In 17 7pm to 9pm <b>Music Therapy</b>	Afternoon Outing 18 1pm to 4pm <b>Gravity Defying Egg Contraptions</b>
<i>Weekend Drop In is now on Saturdays</i> 19	Afternoon Drop In 20 3pm to 6pm <b>Yoga and Soap Making</b>	Evening Drop In 21 7pm to 9pm <b>Yoga Night with Kim</b>	Afternoon Drop 22 3pm to 6pm <b>Theatre Club 4pm and Birthday Fun</b>	Afternoon Drop 23 3pm to 6pm <b>American Thanksgiving and American Football</b>	Evening Drop In 24 7pm to 9pm <b>Music Therapy</b>	Afternoon Drop In 25 1pm to 4pm <b>Zumba with Darin and Shelley followed by Supper Club (See programs)</b>
<i>Weekend Drop In is now on Saturdays</i> 26	Afternoon Drop In 27 3pm to 6pm <b>Internet Safety and then a birthday party with DJ Ace</b>	Evening Drop In 28 7pm to 9pm <b>Movie Night – wear your pjs!</b>	Afternoon Drop In 29 3pm to 6pm <b>Theatre Club 4pm</b>	Afternoon Drop In 30 3pm to 6pm <b>Snack Club and GOALS Lifeskills Program</b>		



### Thank you

\$10 per 2hr/3hr session or \$50\* per month. Supported by Parish of St James Anglican Church, generous donors and the United Way Halifax

### Where to find us

The Drop In Club is at St James Anglican Church Hall, on the Armdale rotary, 2652 Jo Howe Drive. Fully accessible. Quiet space.

### The Club Inclusion

[www.theclubinclusion.com](http://www.theclubinclusion.com)

For more details call or text Alice Evans on 902 478 1917. Extreme weather – check if we are open: [www.facebook.com/theclubinclusion](https://www.facebook.com/theclubinclusion)



# Club Programs **November 2017**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 <b>Lunch Club</b> 10.30am to 1.30pm Halifax Club Registration required	3	4 <b>Club Dartmouth</b> 6.30 to 8.30pm <b>Board and Video Games Night</b>
5	6 <b>Inclusive Choir</b> Grace United <b>Club Dartmouth</b> 6.30 to 7.30pm	7 <b>Club Dartmouth Music</b> 12.30 to 2.15pm	8	9 <b>Lunch Club</b> 10.30am to 1.30pm Halifax Club Registration required	10	11
12	13 <b>Inclusive Choir</b> Grace United <b>Club Dartmouth</b> 6.30 to 7.30pm	14 <b>Club Dartmouth Music</b> 12.30 to 2.15pm	15	16 <b>Lunch Club</b> 10.30am to 1.30pm Halifax Club Registration required	17	18 <b>Club Dartmouth</b> 6.30 to 8.30pm <b>Dinner outing – register on Nov 4th</b>
19	20 <b>Inclusive Choir</b> Grace United <b>Club Dartmouth</b> 6.30 to 7.30pm	21 <b>Club Dartmouth Music</b> 12.30 to 2.15pm	22	23 <b>Lunch Club</b> 10.30am to 1.30pm Halifax Club Registration required	24	25 <b>Halifax Supper Club</b> 3.30pm to 7.30pm Halifax Drop In
26	27 <b>Inclusive Choir</b> Grace United <b>Club Dartmouth</b> 6.30 to 7.30pm	28 <b>Club Dartmouth Music</b> 12.30 to 2.15pm	29	30 <b>Lunch Club</b> 10.30am to 1.30pm Halifax Club Registration required		



### Thank you!

Supported by Grace United Church, and the United Way of Halifax Region. Grace United Church Hall is on the corner of King St and Ochterloney in Dartmouth.

### Registration

You need to pre-register for some of these programs. Fees vary, normally \$10 per session. Bursaries are available. To register call Jackie on 902 401 5938 or email Jackie@theclubinclusion.com

### The Club Inclusion

[www.theclubinclusion.com](http://www.theclubinclusion.com)  
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The Club Inclusion and Grace United Church present



# Sing Together! Sing!

With Choir Director Adam Johnson

Our Inclusive Choir is open to all

You don't have to be able to sing – we still sound awesome!

We sing fun Disney, old time tunes, pop, and seasonal songs

Admission Free, Grace United Church Hall, King St, Dartmouth

Monday evenings 6.30pm to 7.30pm

Check the Club monthly calendar for details



For updates and more info email [alice@theclubinclusion.com](mailto:alice@theclubinclusion.com) or call 902 478 1917

With special thanks to Grace United Church and the United Way of Halifax

